

DV – Training Schedule

During the official pre-competition training period (D-5~D-1), the competitors are divided into 4 groups based on entry and each group will be assigned 2*1.5 hours of official training per day.

Also, it is available to use of the venue between the competitions.

Date	Hours	Location	Note
07/07 (Sun)	07:00-21:00	Nambu Univ. Municipal Aquatics Center	
07/08 (Mon)	07:00-21:00	Nambu Univ. Municipal Aquatics Center	
07/09 (Tue)	07:00-21:00	Nambu Univ. Municipal Aquatics Center	
07/10 (Wed)	07:00-21:00	Nambu Univ. Municipal Aquatics Center	
07/11 (Thu)	07:00-21:00	Nambu Univ. Municipal Aquatics Center	
07/12 (Fri)	07:00-19:00	Nambu Univ. Municipal Aquatics Center (Between competitions)	★Opening Ceremony
07/13 (Sat)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/14 (Sun)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/15 (Mon)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/16 (Tue)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/17 (Wed)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/18 (Thu)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/19 (Fri)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	
07/20 (Sat)	07:00-22:15	Nambu Univ. Municipal Aquatics Center (Between competitions)	

After the entry is confirmed, training sessions will be allocated for each group.